

## Welcome to the 2023 Victorian Seniors Festival



**Daniel Andrews MP**Premier of Victoria

For more than 40 years, the Victorian Seniors Festival has celebrated the lives and achievements of older Victorians – as well as the generous contributions they continue to make to every corner of our state.

Kicking off on Sunday, 1 October – the International Day of Older Persons – the month-long Festival provides opportunities to get involved, meet new people, learn new skills, or just enjoy the entertainment.

This year, a fantastic line-up of events and activities across all 79 local councils will include in-person performances, active living demonstrations and information sessions.

Victorians can join in the fun at Celebration Day at Federation Square, take part in a



**Hon Lizzie Blandthorn**Minister for Disability, Ageing and Carers

workshop, or even find a new hobby at a 'come-and-try' event.

To help you make the most of it, the Victorian Government is providing all Victorian Seniors Card holders with free travel on public transport across Victoria, including V/Line services, from 1–8 October.

For more information, check out the Victorian Seniors Festival calendar at www.seniorsonline.vic.gov.au/festival or get in touch with your local council to find out about events in your local area.

We hope you enjoy the 2023 Victorian Seniors Festival and all it has to offer.

We proudly acknowledge the First People of Victoria as the Traditional Custodians of the land and waterways on which we live.

FESTIVAL SUPPORTERS







# What is the Victorian Seniors Festival?

The Victorian Seniors Festival is a month-long celebration for older people, which includes a range of events and entertainment.

Every year, the festival includes thousands of free and low-cost events. We partner with all 79 Victorian councils to make this festival statewide, so there are fun activities in all areas, no matter where you live.

We also work with a range of community organisations including:

- The University of the Third Age (U3A)
- · Neighbourhood houses
- Sporting organisations
- Museums, galleries and our wonderful public libraries.

Translated information is also available at www.seniorsonline.vic.gov.au/translations

As part of the theme for the 2023 festival: 'Learn. Love. Live' we invite you to join in. Learn something new, try something different and most of all have a fun time!



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## Live and Local



The Victorian Seniors Festival works in partnership with all Victorian councils to offer events across the state.

To find out what events are happening in your local community, chat to your local council. You can ask your council for information in person, over the phone or on their website.

You can find a list of every Victorian Council's contact details at www.seniorsonline.vic.gov.au/Councils

You can also speak with your local library to find out more about upcoming events in your area. Your local library can also help you check the online Festival Event Calendar.

www.seniorsonline.vic.gov.au/2023

Seniors Card holders can also subscribe to the Seniors Card e-News for updates on the festival at www.seniorsonline.vic.gov.au/enews

#### **Country Tour**

Country Victorians can join the fun too. Country councils are running picnics, Come-and-try fiestas, concerts, talks and information sessions. There are also Country Concerts in Swan Hill, Mildura, Melton, Castlemaine, Sale, Lucknow, Boort, Ballarat, Shepparton, Nhill, Wangaratta, Traralgon, Kaniva, Warrnambool, Corangamite and the Grampians.

Contact your local council to find out what events are happening in your area.

# **Celebration Day**



#### Federation Square, Sunday 1 October 2023

A free event for seniors, their friends and family on Sunday 1 October 2023 in the heart of Melbourne. You can expect lots of great music performances plus displays and information stands.

With activities across the Edge Theatre, River Stage and Main Stage from 12:00pm midday, you can choose the event you want to participate in or just relax and enjoy the show.

#### **Main Stage**

1:00pm	Footscray Gypsy Orchestra provides a vibrant and energising performance – you can join the dancing or tap your toes in your seat
2:00pm	Official Festival opening commences with a Welcome to Country and speeches
2:30pm	Jonathon Welch AM from the Choir of Hard Knocks directs our first singing workshop
3:15pm	Award-winning singer-songwriter Jess Hitchcock brings you a special performance
4:15pm	Jonathon Welch AM from the Choir of Hard Knocks directs our second singing workshop
5:00pm	One Spirit Africa brings a fun and engaging performance
6:00pm	SOS Abba Tribute Show conclude our day with some great nostalgic tunes celebrating all that is ABBA, so come and join the fun!

#### **ACMI Seniors Film Festival**

Monday 2 – Sunday 8 October Featuring some truly memorable films.

Australian Centre for the Moving Image, Federation Square Melbourne. Phone bookings and enquiries 03 8663 2583. (Mon-Fri 9am-4.30pm, Weekends 10am-1pm). www.acmi.net.au

# Free public transport

# Sunday 1 October to Sunday 8 October

As a Victorian Seniors Card holder, you can get out and explore metropolitan Melbourne and regional Victoria with eight days of free travel from Sunday 1 October to Sunday 8 October.

### How to travel during the free travel period

Remember to always carry your Seniors myki and Victorian Seniors Card with you on public transport. Touch on and off as usual, you won't be charged. On regional services that don't use myki, just show your Victorian Seniors Card to the conductor or bus driver.

#### Where you can go

You'll be able to travel for free on all public transport in Victoria, including:

- · Melbourne trains, trams and buses
- Regional trains, coaches and buses (including regional town bus services)
- We recommend travelling during off-peak hours. You'll be more likely to find a seat.



### Useful information for booking travel in regional Victoria

- You need to reserve a seat on long distance V/Line trains and some coaches.
- To book a seat on V/Line services requiring reservations, visit your nearest station or agent or call 1800 800 007 from 10:00am on Tuesday 5 September.
- Seats can fill quickly so book early! You'll need to collect your tickets within 48 hours.
- You can only travel free in economy class.
- To make a group booking for up to 19 travelling on a V/Line train service or 12+ travelling on a V/Line coach service, visit your nearest station or agent.
- For larger groups, please submit a group booking request from 10:00am on Tuesday 5 September at: www.vline.com.au/grouptravel
- If you book and can't travel, let us know prior as your seats can be relocated to other customers wanting to travel.



# Here is a taste of festival fun across Victoria

1-31 October

For the full program visit Seniors Online.

Sunday	Celebration Day Federation Square 12:00pm	8 Flowerdale Open Day	15 Old Time Dance Pakenham	22 Country Concert Warrnambool	29 Stonnington Mansions Bus Tour \$40	
Saturday		Viennese Music Glen Waverley	14 Stamp & Coin Fair Geelong	21 Novel Writing Workshop Sandringham \$10	28 Fairhall House Tours \$20	
Friday		6 Hawthorn Town Hall Dance 7:00pm	Downsizing & Decluttering Sandringham	20 Come and Try Croquet	27 Big Band Dance Rowville \$10	
Thursday		Social Night Tennis Tyabb \$10	Veterans Golf Classic Numurkah	Aussie Bird Count Workshop Collingwood Wonthaggi	26 Intergenerational Scrapbooking Collingwood	
Wednesday		Ageless Grace Blackburn North	Country Concert Country Concert Shepparton Nhill Golf Class Numurkal	18 Rainbow Connection Morning Tea	Come and Try Croquet	
Tuesday		S Seniors Trivia Wodonga	10 Country Concert Shepparton	Dancing Around the World East Kew \$15	24 Circus History Wheelers Hill	31 Billilla Historic Mansion Gardens Tour Brighton
Monday		Melbourne Town Seniors Trivia Hall Dance Wodonga	9 Come & Sing Cheltenham	16 Harness Racing Lunch Warragul \$35	23 History Walk North Carlton	30 <b>Activities Night</b> Moonee Ponds

Oheck out all the events on Seniors Online: www.seniorsonline.vic.gov.au/2023 Plan your festival today!

## Victorian Seniors Festival 2023



# Thousands of free and low-cost events all over Victoria

Social tennis • Croquet • Ukulele • Armchair travel • Smartphone courses • Technology classes • Crew Rowing • Tai chi taster • Dumplings masterclass • Exercise • Tours • Karaoke performances • Chinese Language and culture • Garden and history tours • High teas • Movies • Come and Try events • Scottish dancing • Petting zoos • Dot mandalas • Organ concerts • Museum tours • Open doors and open days • Markets • Great Getaways • Hiking • Chess • Abseiling • Fun Friday Bingo & Games • Chair Yoga • Quilling • Golf days • Coffee with a cop • Exploring Family history • Line Dancing • Mahjong • Drawing and Painting • Galleries • Printmaking • Crew rowing • Morning melodies • Meet a life guard • Stories of a lifeboat shed • CPR refreshers • Mansion tours • Table tennis • One Hour Sails • High Tea and Brain Games • Golden Oldies badminton social club • Computers for older adults courses • Parks Victoria Park Walks program • Rainbow Connection Morning Tea • Karaoke singalongs • Desert Islands reads • iPad Basics • Mobile multimedia • Digital Photography • World Circle Dancing • Concerts and Supper Nights • Retirement Housing and information sessions • Kintsugi workshops • Lunchtime Creative Workshops • Chess Tournaments • Birds, BBQ and Bunker tours

#### and more...



